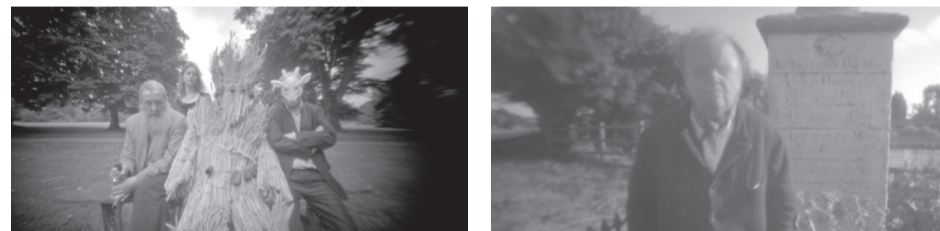




## DUAL EDITION DVD + BLU-RAY

"Andrew Kötting's twenty-five year idiosyncratic career has seen him become one of the most creative visionaries in contemporary cinema"

Film Ireland



The poet John Clare's escape from Epping Forest, an epic march through hunger and madness, is an English journey to set beside 'A Pilgrim's Progress'. Toby Jones, Iain Sinclair and a Straw Bear follow in his footsteps exactly 150 years after his death. En route they bump into Macgillivray, Dr Simon Kovesi and the wizard Alan Moore, their progress narrated by Toby's father Freddie, a maverick actor who featured in numerous David Lynch films.

Captured in lustrous black and white photography, they discover the only truth of the road, whatever our hopes and delusions, we are always *By Our Selves*.

Extras: Short films by Andrew Kötting and Nick Gordon Smith • Theatrical trailer  
Soda Film + Art trailers

Blu-Ray tech info: Aspect ratio: 16:9 (1.78:1) • Running time: 83 mins • Language: English • DTS-HD MA 5.1 Surround / 2.0 Stereo • Region B / Colour / 1080p / 23.976hz

DVD tech info: Aspect ratio: 16:9 (1.78:1) • Running time: 80 mins • Language: English • Audio: Dolby Digital 5.1 Surround / 2.0 Stereo • Region 2 / Colour / PAL

SODA PICTURES PRESENTS AN ANDREW KÖTTING FILM "BY OUR SELVES"  
WITH IAIN SINCLAIR, TOBY JONES, FREDDIE JONES, ALAN MOORE, DAVID AYLMER, MACGILLIVRAY, DR SIMON KOVESI, EILEEN KÖTTING, DIRECTOR OF PHOTOGRAPHY NICK GORDON SMITH  
DIRECTOR OF SOUND PHILIPPE CHOMPTÉ, ADDITIONAL CAMERAS & PHOTOS ANTHONY MOUS BOSCHÉ, EDITING ANDREW KÖTTING & CLIFF WEST, MUSIC JEM FINER  
EXECUTIVE PRODUCER GARETH EVANS, PRODUCED BY ANDREW KÖTTING AND EDWARD FLETCHER  
WRITTEN BY ANDREW KÖTTING & IAIN SINCLAIR, DIRECTED BY ANDREW KÖTTING



Catalogue Number: SoFAB  
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Contains infrequent very strong language  
Suitable only for persons of 15 years and over. Not to be supplied to any person below that age.



"A fusion of drama, documentary and chance happening that explodes the creative process"  
STEWART LEE

A film by  
Andrew Kötting



*By our Selves*

BY OUR SELVES

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SoFAB



Soda Film + Art (SoFA) is an international agency that focuses on visual artists working in feature filmmaking. It operates at the nexus of film and art, and acts as a centralised bureau for development, production, sales, distribution and exhibition support. SoFA also has a collectable DVD label, with bespoke packaging that is unique to each title and artist vision, but together forms a cohesive library – and ultimately an overview of what's happening in art + film today.

www.sodafilmart.com